



Welfare Officers

Sebastiaan Kemner (sebastiaan.kemner@lincoln.ox.ac.uk)

Heather McTaggart (heather.mctaggart@lincoln.ox.ac.uk)

The MCR's Welfare Officers are trained peer supporters and are as such available for all students to discuss any problems that might arise - big or small, academic or personal. Shared information will be treated in an entirely confidential way and without any judgement. Peer supporters can be contacted in an informal way by simply approaching them in college or by emailing them. If needed they can also refer you to other mental health care providers.

Other Peer Supporters

Darcy Allen (darcy.allen@lincoln.ox.ac.uk)

Michael Ben Yehuda (michael.benyehuda@lincoln.ox.ac.uk)

Sam McPhail (sam.mcphail@lincoln.ox.ac.uk)

Rose Mortimer (rose.mortimer@lincoln.ox.ac.uk)

LGBTQIA+ Representative

Cameron Gardner

The LGBTQIA+ Representative is available to talk about any issues related to gender, sexual orientation, sexuality and any other LGBTQIA+ related matters.

Contact the LGBTQIA+ Representative through cameron.gardner@ndm.ox.ac.uk.

Student Welfare Coordinator (and Chaplain)

Rev Dr Melanie Marshall

Mel is available as a confidential and sympathetic resource to all students, irrespective of religious faith or belief. All are welcome to approach her in confidence on any matter.

Contact the Student Welfare Coordinator through melanie.marshall@lincoln.ox.ac.uk or find her in her office.

College Nurse

Victoria Mills

The College Nurse is available to talk to about any welfare issues. If needed she can also refer you to other mental health care providers.
Contact the College Nurse through lincolnnurse@nhs.net or 01865279 817. Or see her in the College Surgery, situated in Chapel Quad (open on Monday, Tuesday, Thursday and Friday 10am - 12pm, weeks 0-9).

College Doctors

Dr Naomi Drury and Dr Marykate Kirkaldy

The College Doctors are fully equipped and willing to advise people with any type of welfare concerns. If needed they can also refer you to other mental health care providers.

The College Doctors' surgery, King Edward Street Medical Practice, is open from 8am to 6pm Monday to Friday, appointments can be made through 01865 242 657 (this number can also be used for out of hours medical help) or www.kingedwardstreetsurgery.co.uk.

Harassment Advisors

Dr Barbara Havelkova and Dr John Vakonakis

In instances of bullying or harassment, whether in college or outside, the college's Harassment Advisors can be contacted to discuss it in total confidence.

Contact the Harassment Advisors through barbara.havelkova@law.ox.ac.uk or ioannis.vakonakis@bioch.ox.ac.uk.

Senior Tutor

Louise Durning

Many academic issues are best discussed with a supervisor or College Advisor, but otherwise the Senior Tutor can be contacted to discuss the matter in total privacy and confidence.

Contact the Senior Tutor through louise.durning@lincoln.ox.ac.uk.

OUTSIDE COLLEGE

University Counselling Service

A professionally run counselling service providing free and confidential support for any types of personal or emotional problems.
Make an appointment through 01865 270 300 or counselling@admin.ox.ac.uk. It is also possible to self-refer via the website: www.ox.ac.uk/students/welfare/counselling.

Oxford Nightline

A listening, support and information service run for and by students of the University.
The Nightline can be reached between 8pm and 8am (0th-9th week) through 01865 270 270 or www.oxfordnightline.org.

Emergency Department Psychiatric Service (JR Hospital)

For acute mental health issues there is a psychiatric assessment unit at the Emergency Department (Accident and Emergency) of the John Radcliffe Hospital.
The Emergency Department is open 24 hours a day and can be reached through 0300 304 7777.

Oxford Samaritans

A safe space to talk about any concern.
Their number is free and can be reached 24/7 through 116 123. See www.samaritans.org/oxford for more information.

Oxfordshire Mind

For more, general information about mental health get in touch with Oxfordshire Mind.
Find more information and get in touch through their website: www.oxfordshiremind.org.uk.

Oxfordshire Sexual Abuse and Rape Crisis Centre

As a collective of women committed to supporting survivors of sexual abuse, rape, domestic abuse, and harassment, the Oxfordshire Sexual Abuse and Rape Crisis Centre offers a free and confidential service to women and girls who are dealing with the effects of sexual violence, and to anyone who is supporting them.
Find more information and get in touch through their website: www.oxfordrapecrisis.net.